



Prestons Preschool
8 Te Rito Street
Prestons, Marshland
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Helpful Information

Meals

We offer a cooked vegetarian meal at lunchtime, with the menu being dietitian approved for healthy eating. Morning and afternoon tea is also provided, along with a late snack. Please contact the centre if you would like to see a sample menu.

Settling In

And in their own time. Some children settle very quickly and others require longer transition periods, we will offer both you and your child all the support you need during this transition period.

Some suggestions to help your child adjust to the new surroundings

- Start with a short visit, preferably staying with your child.
- Lengthen your child's visits, leaving her/him for a short while on her/his own.
- ALWAYS SAY GOODBYE! Let your child know you are leaving and when you will be back. Say good bye and leave - don't linger, be positive and go.
- Feel free to ring us at any time during your child's stay if you want to know how well your child has settled. If you are unable to make calls for any reason while your child is with us, just have a chat with the teachers and we will be more than happy to send you updates and photos via text message or email.

Communication with families

We understand the importance of linking home and centre life as we recognise that learning begins at home and that parents are a child's first teachers. With this in mind, our primary method of communicating with our families and whānau is via face to face conversations, this is because we value highly the relationships that we build with you and regular discussions with you are the best way for us to maintain these relationships.

We communicate your child's learning with you via their learning journal which will be updated regularly on Educa. Educa is an online portfolio tool, designed specifically for New Zealand early childhood education centres, which provides a smart way to organise your child's online learning.

We also have a Facebook page, where your child's teacher will upload learning and events throughout the week for you to see and easily share with family and friends.

What to bring

Please ensure your child has:

- A named drink bottle, formula and bottles if required.
- A change of clothes, two for hot days when we have lots of water play.
- Nappies if required.
- Appropriate clothing for the weather, messy and active play.
- Hats (a sunhat for summer and a warm hat for winter)

We discourage toys being brought in from home, unless there are comfort or transitional items that will support your child emotionally while they are away from you.

Please ensure all items are named clearly.

Trips

As a way of extending the children's interests, we may plan special trips out into the community. If we are planning any outings, you will be advised in advance and your signed permission will be required. There may be a small cost to support transport needs and we may also require a number of parents to assist and be part of the required adult/child ratio. Any child that does not go on the outing will be looked after by members of our team will be staying back at the centre.